

VADE MECUM

Dabo vobis pastóres iuxta cor meum et pascent vos sciéntia et doctrína.

Ier. 3:15



ST. JOSEPH COLLEGE SEMINARY

MMXVIII

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AD LECTÓREM

Foreword

In this booklet, every Latin word having three or more syllables has had its stress accent marked for you, so that you may read aloud with confidence. If a word doesn't have a mark, it's a two- or one-syllable word, even though it may not look as if it should be. Both words that are to be spoken aloud and words not normally spoken aloud (e.g. rubrics) have been marked.

When pronouncing two-syllable words, put the stress accent on the *first* syllable.

If you are unsure how many syllables a word has, count the vowels. The number of vowels is the number of syllables. One small wrinkle to note: certain combinations of two vowels: æ, œ, au, are counted as only one vowel and pronounced as only one sound. So *cælum* (CHAY-lum) *pænas* (PAY-nahs), and *laudo* (LOWW-do) are two-syllable words, not three.

Finally, unlike English, Latin has no "silent *e*." So, for example, *laudáte* (loww-DAH-tay) *Sancte* (SONK-tay), *Dómine* (DAW-mee-nay), each have their final *e* pronounced, but as if it were a long *ā* ("ay") in English.

PRECES COTTIDIANI ANTE SACRATISSIMUM SACRAMENTUM

O sácrum convívium! in quo Christus súmitur:
recólitur memória passióis eius: mens implétur grátia:
et futúrae glóriæ nóbis pínus dátur. *(T.P. Alleluia.)*

V. Panem de caelo praestitísti eis. *(T.P. Alleluia)*

R. Omne delectaméntum in se habéntem. *(T.P. Alleluia)*

Oremus. Deus, qui nobis sub sacraménto mirábili, passióis
tuae memóriam reliquisti: tríbe, quaesumus, ita nos córporis
et ságuinis tui sacra mystéria venerári, ut redemptionis tuae
fructum in nobis iugiter sentiámus. Qui vivis et regnas in
saecula saeculorum. **R. Amen**

Tempore paschalis sequens dicitur oratio:

Oremus. Spiritum nobis, Domine tuae caritatis infunde,
ut, quos Sacramentis paschalibus satiasti, tua facias pietate
concordes. Per Dominum nostrum Iesum Christum Filium
tuum, qui tecum vivit et regnat in unitate eiusdem Spiritus
Sancti Deus per omnia saecula saeculorum. **R. Amen**

MORNING OFFERING

I offer Thee all my prayers, works, and sufferings in union
with the Sacred Heart of Jesus, for the intentions for which He
pleads and offers Himself in the Holy Sacrifice of the Mass, in
thanksgiving for Thy favors, in reparation for my offenses, and
in humble supplication for my temporal and eternal welfare, for
the needs of our Holy Mother the Church, for the conversion of
sinners, and for the relief of the poor souls in Purgatory.

I have the intention to gain all the indulgences attached to the
prayers I shall say, and to the good works I shall perform this
day. (I resolve to gain all the indulgences I can in favor of the
souls in Purgatory.)

PRAYER TO THE HOLY SPIRIT

Come O Holy Spirit, beloved of my soul, I adore You.
Enlighten me, guide me, strengthen me, and console me. Tell
me what I must do. Inspire me with what I must say. Give me
your orders. I promise to submit myself to You in all that You
ask of me and to accept all that You permit to happen to me.
Let me only know Your will and do Your will. Amen.

ANGELIC WARFARE PRAYERS

PRAYER OF ST THOMAS FOR PURITY

Dear Jesus, I know that every perfect gift, and especially that of
chastity, depends on the power of your Providence. Without
you a mere creature can do nothing. Therefore, I beg you to
defend by your grace the chastity and purity of my body and
soul. And if I have ever imagined or sensed anything that
could stain my chastity and purity, blot it out, Supreme Lord
of my powers, that I may advance with a pure heart in your
love and service, offering myself on the most pure altar of your
divinity all the days of my life. Amen.

PRAYER TO ST THOMAS FOR PURITY

Chosen Lily of Innocence, pure St Thomas, who kept
chaste the robe of baptism and became an angel in the
flesh after being girded by two angels, I implore you to
commend me to Jesus, the Spotless Lamb, and to Mary,
Queen of Virgins. Gentle protector of my purity, ask them
that I, who wear the holy sign of your victory over the
flesh, may also share your purity, and that after imitating
you on earth, I may at last come to be crowned with you
among the angels. Amen.

PREPARATORY PRAYERS

ADORO TE DEVOTE DIVINUM OFFICIUM

Áperi, Dómine, os meum ad benedicendum Nomen sanctum tuum: munda quoque cor meum ab ómnibus vanis, pervérsis et aliénis cogitátionibus; intelléctum illúmina, afféctum inflámma, ut digne, atténte ac devóte hoc Offícium recitáre váleam, et exaudíri mérear ante conspéctum divínæ Maiestátis tuæ. Per Christum Dóminum nostrum. Amen.

Dómine, in unióne illius divínæ intentiónis, qua ipse in terris laudes Deo persolvísti, hanc tibi horam (vel has tibi horas) persólvo.

ORATIO POST DIVINUM OFFICIUM

Sacrosánctæ et indivíduæ Trinitáti, crucifixi Dómini nostri Iesu Christi humanitáti; beatíssimæ et gloriosíssimæ sempérque Vírginis Mariæ fecúndæ integritáti, et ómnium Sanctórum universitáti sit sempitérna laus, honor, virtus et glória ab omni creatúra, nobisque remissio ómnium peccatórum, per infiníta sæcula sæculórum. Amen.

V. Beáta víscera Mariæ Vírginis, quæ portavérunt ætérni Patris Fílium.

R. Et beáta úbera, quæ lactavérunt Christum Dóminum.

(Pater. Ave.)

ORATIONES AD VESTITUM

AD TUNICAM TALAREM:

Dóminus pars hæreditátis meæ et cálicis mei. Tu es qui restítues hæreditátem meam mihi.

AD COLLARE:

Súbiiice me Dómine dulci iugo tuo dulcíque iugo matris tuæ Mariæ.

AD CINGULUM:

Præcínge me Dómine cingulo puritátis, et exstingue in lumbis meis humórem libídinis, ut máneat in me virtus continéntiæ et castitátis.

AD SUPERPELLICEUM:

Índue me, Dómine, novum hóminem, qui secúndum Deum creátus est in iustítia et sanctitáte veritátis. Amen.

PRAYER BEFORE THE DIVINE OFFICE

Open my mouth, O Lord, to bless Thy holy Name: cleanse also my heart from all vain, evil and distracting thoughts; enlighten my understanding, inflame my will, that I may worthily recite this Office with attention and devotion, and deserve to be heard in the presence of Thy divine Majesty. Through Christ our Lord. Amen.

O Lord, in union with that divine intention with which Thou didst praise God on earth, I offer to Thee this hour (or these hours).

PRAYER AFTER THE DIVINE OFFICE

To the most holy and undivided Trinity, to the manhood of our crucified Lord Jesus Christ, to the fruitful virginity of the most blessed and glorious Mary, ever Virgin, to the entire assembly of the saints, be ascribed everlasting praise, honor, power and glory, by every creature; and to us be granted the remission of all our sins, world without end. Amen.

V. Blessed is the womb of the Virgin Mary, which bore the Son of the eternal Father.

R. And blessed are the breasts which nourished Christ the Lord.

(Our Father. Hail Mary.)

VESTING PRAYERS

CASSOCK:

The Lord is the portion of my inheritance and of my chalice: it is Thou that wilt restore my inheritance to me.

COLLAR:

Subject me, O Lord, to Thy sweet yoke and to the sweet yoke of Thy Mother Mary.

CINCTURE:

Gird me, O Lord, with the cincture of purity and extinguish in my loins the desire of lust, so that the virtues of continence and chastity may ever abide within me.

SURPLICE:

Clothe me, O Lord, with the new man, who was created according to God in justice and the holiness of truth. Amen.

ORATIONES DICENDÆ CUM SACERDOS INDUITUR SACERDOTALIBUS PARAMENTIS

CUM LAVAT MANUS, DICAT:

Da, Dómine, virtútem mánibus meis ad abstergéndam omnem máculam ut sine pollutióne mentis et córporis váleam tibi servíre.

AD AMICTUM, DUM PONITUR SUPER CAPUT, DICAT:

Impóne, Dómine, cápiti meo gáleam salútis, ad expugnándos diabólicos incúrsus.

AD ALBAM, CUM EA INDUITUR:

Deálba me, Dómine, et munda cor meum; ut, in Sanguine Agni dealbátus, gaúdiis pérfruar sempitérnis.

AD CINGULUM, DUM SE CINGIT:

Præcínge me, Dómine, cingulo puritátis, et exstíngue in lumbis meis humórem libídinis; ut máneat in me virtus continéntiæ et castitátis.

AD MANIPULUM, DUM IMPONITUR BRACCHIO SINISTRO:

Mérear, Dómine, portáre manipulum fletus et dolóris; ut cum exsultatióne recípiam mercédem labóris.

AD STOLAM, DUM IMPONITUR COLLO (VEL HUMERO SINISTRO):

Redde mihi, Dómine, stolam immortalitátis, quam pérdidi in prævaricatióne primi paréntis: et, quamvis indígnus accédo ad tuum sacrum mystérium, mérear tamen gáudium sempitérnum.

AD CASULAM, CUM ASSUMITUR:

Dómine, qui dixísti: Iugum meum suáve est et onus meum leve: fac, ut istud portáre sic váleam, quod cónsequar tuam grátiam. Amen.

(AD DALMATICAM:)

Índue me, Dómine, induménto salútis et vestiménto lætitiæ; et dalmática iustítiæ circúmدا me semper. Amen.

(AD TUNICELLAM:)

Túnica iucunditátis et induménto lætitiæ índuat me Dóminus. Amen.

PRAYERS BEFORE HOLY MASS

PRAYER OF ST THOMAS AQUINAS

Almighty and everlasting God, behold, I am about to approach the Sacrament of Thine only-begotten Son, our Lord Jesus Christ. I approach as one who is sick to the physician of life, as one unclean to the well-spring of mercy and goodness, as one blind to the light of eternal brightness, as one poor and needy to the infinite goodness, to heal my sickness, to wash away my filth, to enlighten my blindness, to enrich my poverty, and to clothe my nakedness, that I may receive the Bread of Angels, the King of kings, and Lord of lords with such reverence and humility, with such contrition and devotion, with such purity and faith, with such purpose and intention, as may conduce to the salvation of my soul. Grant, I beseech Thee, that I may receive not only the Sacrament of the Body and Blood of our Lord, but also the fruit and virtue of the Sacrament. O most

indulgent and merciful God, grant me so to receive the Body of Thine only-begotten Son, our Lord Jesus Christ, which He took of the Virgin Mary, that I may be found worthy to be incorporated with His mystical Body and numbered among His members. O most loving Father, grant that I may one day contemplate for ever face to face Thy beloved Son, Whom now on my pilgrimage I am about to receive under a veil, Who lives and reigns with Thee in the unity of the Holy Spirit, God, for ever and ever. Amen.

PRAYER BEFORE SERVING AT HOLY MASS

Open my mouth, O Lord, to bless Thy Holy Name. Cleanse my heart from all vile and distracting thoughts. Enlighten my understanding, inflame my will, that I may serve worthily at Thy Holy Altar. Amen.

THANKSGIVING AFTER HOLY MASS

PRAYER OF ST THOMAS AQUINAS

I give thanks to Thee, O holy Lord, Father almighty, eternal God, Who has vouchsafed, not for any merits of my own, but solely out of the condescension of Thy mercy, to appease the hunger of the soul of Thine unworthy servant, with the Precious Body and Blood of Thy Son, Our Lord Jesus Christ. I implore that this holy Communion be not to me a condemnation unto punishment, but a saving plea unto forgiveness. May it be unto me the armor of faith and the shield of good purpose. May it be the emptying out of my vices, the extinction of all concupiscence and lust, the

increase of charity and patience, of humility and obedience, and of all virtues; a strong defense against the snares of all enemies, visible and invisible; the perfect quieting of all my impulses, both fleshly and spiritual; a firm cleaving unto Thee, the one true God; and a pledge of a blessed destiny. And I beseech Thee, that Thou wouldst vouchsafe to bring me, a sinner, to that ineffable Banquet, in which Thou, together with Thy Son and the Holy Spirit, art to Thy Saints true light, fullness of content, eternal joy, gladness without alloy, and perfect happiness. Through the same Christ Our Lord. Amen.

LITANY OF HUMILITY

Composed by Cardinal Rafael Merry del Val

O Jesus, meek and humble of heart, **Hear me.**

From the desire of being esteemed, **Deliver me, O Jesus.**

From the desire of being loved,
From the desire of being extolled,
From the desire of being honored,
From the desire of being praised,
From the desire of being preferred to others,
From the desire of being consulted,
From the desire of being approved,
From the fear of being humiliated,
From the fear of being despised,
From the fear of suffering rebukes,
From the fear of being calumniated,
From the fear of being forgotten,
From the fear of being ridiculed,
From the fear of being wronged,
From the fear of being suspected,

That others may be loved more than I,
Jesus, grant me the grace to desire it.

That others may be esteemed more than I,
That, in the opinion of the world, others may increase
and I may decrease,

That others may be chosen and I set aside,
That others may be praised and I go unnoticed,
That others may be preferred to me in everything,
That others may become holier than I, provided that I may
become as holy as I should.

ANIMA CHRISTI

Anima Christi, sanctífica me.
Corpus Christi, salva me.
Sanguis Christi, inébria me.
Aqua láteris Christi, lava me.
Pássio Christi, confórta me.
O bone Jesu, exáudi me.
Intra tua vúlnera absconde me.
Ne permíttas me separári a te.
Ab hoste malígno defénde me.
In hora mortis meæ voca me.
Et jube me venire ad te,
Ut cum Sanctis tuis laudem te
In sæcula sæculorum.
Amen.

VENI SANCTE SPÍRITUS

Veni Sancte Spíritus, reple tuórum corda fidélium, et tui amóris in eis ignem accénde.

V. Emítte Spíritum tuum et creabúntur.

R. Et renovábis fáciem terræ.

Orémus: Deus, qui corda fidélium Sancti Spíritus illustrátione docuísti, da nobis in eódem Spíritu recta sápere, et de eius semper consolatióne gaudére. Per Christum Dóminum nostrum.

R. Amen.

SUB TUUM PRAESIDIUM

Sub Tuum Præsidium confúgimus, sancta Dei Génatrix: nostras deprecatiónes ne despicias in necessitatibus: sed a periculis cunctis líbera nos semper, Virgo gloriósa et benedícta.

V. Nos cum prole pia.

R. Benedicat Virgo Maria.

ANIMA CHRISTI

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Thy wounds hide me.
Suffer me not to be separated from Thee.
From the malicious enemy defend me
In the hour of my death call me.
And bid me to come to Thee,
That with Thy Saints I may praise Thee
For ever and ever.
Amen.

COME HOLY GHOST

Come Holy Ghost, fill the hearts of Thy faithful and kindle in them the fire of Thy love.

V. Send forth Thy Spirit and they shall be created

R. And Thou shalt renew the face of the earth.

Let us pray: O God, Who by the light of the Holy Spirit didst teach the hearts of the faithful, grant us in the same Spirit to be truly wise and ever to rejoice in His consolation. Through Christ our Lord.

R. Amen.

WE FLY TO THY PATRONAGE

We Fly to Thy Patronage, O holy Mother of God; despise not our petitions in our necessities, but deliver us always from all dangers, O glorious and blessed Virgin.

V. With her loving Offspring.

R. May the Blessed Virgin bless us.

PRAYER TO KNOW YOUR VOCATION IN LIFE

O Mary, Mother of Christ, the High Priest, obtain for me the most important grace of knowing my vocation in life. Grant me a true spirit of faith and humble obedience so that I may ever behold the priest as a representative of God and willingly follow him in the Way, the Truth, and the Life of Christ. Amen.

PRAYER TO ST. ALOYSIUS

Saint Aloysius, adorned with angelic virtues, I, your most unworthy client, commend to you most earnestly the chastity of my mind and body. I beseech you, for the sake of your angelic purity, to commend me to the immaculate Lamb, Christ Jesus, and to His most holy Mother, the Virgin of Virgins, and to protect me from every grievous sin. Permit me not to defile myself by any spot of impurity; nay, when you see me in temptation or in the danger of sin, banish far from my heart every unclean thought and desire. Awaken in me the thought of eternity and of Jesus Crucified; imprint deeply in my heart a lively sense of the holy fear of God; set me on fire with the love of God; grant me the grace to imitate you on earth that I may worthily enjoy the possession of God in Heaven with you. Amen.

PRAYER TO ST. JOSEPH

O St. Joseph whose protection is so great, so strong, so prompt before the throne of God, I place in thee all my interests and desires. O St. Joseph, do assist me by thy powerful intercession and obtain for me from thy Divine Son all spiritual blessings through Jesus Christ, Our Lord; so that having engaged here below thy heavenly power I may offer my thanksgiving and homage to the most loving of fathers. O St. Joseph, I never weary contemplating thee and Jesus asleep in thine arms. I dare not approach while He reposes near thy heart. Press him in my name and kiss His fine head for me, and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for me. Amen.

PRAYER TO ST. JOSEPH BEFORE WORK

O glorious St. Joseph, model of all who are devoted to labor, obtain for me the grace to work conscientiously, putting the call of duty above my own inclinations; to work with gratitude and joy, considering it an honor to employ and develop, by means of my labor, the gifts received from God, without recoiling before weariness or difficulties; to work, above all, with purity of intention and detachment from self, having always death before my eyes and the account which I must render of time lost, of talents wasted, of good omitted, of vain complacency in success, so fatal to the work of God. All for Jesus, all through Mary, all in imitation of thee, O Patriarch St. Joseph! This shall be my motto for life and eternity. Amen.

V. Deus, in adiutórium meum inténde.

R. Dómine, ad adiuvándum me festína.

ORATIO S. THOMÆ AQUINATIS ANTE STUDIUM

Creátor ineffábilis, qui de thesáuris sapiéntiæ tuæ tres Angelórum hierarchías designásti et eas super cælum empýreum miro órdine collocásti atque univérsi partes elegantíssime distribuísti: Tu, inquam, qui verus fons lúminis et sapiéntiæ díceris ac superéminens princípium, infúndere dignéris super intelléctus mei ténebras tuæ rádiū claritátis, dúplices, in quibus natus sum, a me rémovens ténebras, peccátum scílicet et ignorántiam. Tu, qui linguas infántium facis disértas, línguam meam erúdias atque in lábiis meis grátiam tuæ benedictiónis infúndas. Da mihi intellegéndi acúmen, retinéndi capacitátem, addiscéndi modum et facilitátem, interpretándi subtilitátem, loquéndi grátiam copiósam. Ingréssum ínstruas, progréssum dírigas, egréssum cómpleas. Tu, qui es verus Deus et homo, qui vivis et regnas in sæcula sæculórum. Amen.

MEMORARE

Memoráre, O piíssima Virgo María, non esse audítum a sæcul quemquam ad tua curréntem præsidia, tua implorántem auxília, tua peténtem suffrágia, esse derelíctum. Ego tali animátus confidéntia, ad te, Virgo Vírginum, Mater, curro, ad te vénio, coram te gemens peccátor assisto. Noli, Mater Verbi, verba mea despícere; sed audi propítia et exaúdi. Amen.

SANCTE MÍCHAËL ARCHÁNGELE

Sancte Míchaël Archángle defénde nos in prælio; contra nequítiam et insídias diáboli esto præsidium. Ímperet illi Deus, súpplīces deprecámur: tuque, Princeps milítiae cæléstis, Sátanam aliósque spíritus malignos, qui ad perditionem animárum pervagántur in mundo, divína virtúte in inférnum detrúde. Amen.

PRAYER OF ST. THOMAS AQUINAS BEFORE STUDYING

(Based on the St. Thomas Manual translation)

Ineffable Creator, Thou who out of the treasures of Thy wisdom, didst form three hierarchies of angels and set them over the radiant heavens in wonderful order; Thou who didst dispose all parts of the universe with so great magnificence; Thou who art called the true Source of light and wisdom, the Supreme Fountain of all things; deign to shed a ray of Thy splendor over the darkness of my understanding, and thereby remove the twofold night wherein I was born; to wit, the night of sin and the night of ignorance. O Thou who canst make eloquent the tongues of litte ones, form my tongue and pour out upon my lips the grace of Thy blessing! Give me keenness of intelligence and power of retaining, capacity to receive instruction, penetration to expound, and abundant grace to speak. Do Thou direct me in the beginning, conduct me in the progress, and at the close supply for the deficiencies of all my undertakings. Thou who livest and reignest true God and Man forever and ever. Amen.

MEMORARE

Remember, O most gracious Virgin Mary, that never was it known, that anyone who fled to thy protection, implored thy help, or sought thine intercession, was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother; to thee I come, before thee I stand; sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy, hear and answer me. Amen.

PRAYER TO ST. MICHAEL

Saint Michael the Archangel, defend us in battle; be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly host, by the power of God cast into hell Satan and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.

30 DAY NOVENA PRAYER TO ST. JOSEPH

Ever blessed and glorious Joseph, kind and loving father, and helpful friend of all in sorrow! You are the good father and protector of orphans, the defender of the defenseless, the patron of those in need and sorrow. Look kindly on my request. My sins have drawn down on me the just displeasure of my God, and so I am surrounded with unhappiness. To you, loving guardian of the Family of Nazareth, do I go for help and protection.

Listen, then, I beg you, with fatherly concern, to my earnest prayers, and obtain for me the favors I ask. I ask it by the infinite mercy of the eternal Son of God, which moved Him to take our nature and to be born into this world of sorrow.

I ask it by the weariness and suffering you endured when you found no shelter at the inn of Bethlehem for the holy Virgin, nor a house where the Son of God could be born. Then, being everywhere refused, you had to allow the Queen of Heaven to give birth to the world's Redeemer in a cave.

I ask it by that painful torture you felt at the prophecy of holy Simeon, which declared the Child Jesus and His holy Mother future victims of our sins and of their great love for us.

I ask it through your sorrow and pain of soul when the angel declared to you that the life of the Child Jesus was sought by His enemies. From their evil plan you had to flee with Him and His Blessed Mother to Egypt. I ask it by all the suffering, weariness, and labors of that long and dangerous journey.

I ask it by all your care to protect the Sacred Child and His Immaculate Mother during your second journey, when you were ordered to return to your own country. I ask it by your peaceful life in Nazareth where you met with so many joys and sorrows.

I ask it by your great distress when the adorable Child was lost to you and His Mother for three days. I ask it by your joy at finding Him in the Temple, and by the comfort you found at Nazareth, while living in the company of the Child Jesus. I ask it by the wonderful submission He showed in His obedience to you.

I ask it by the perfect love and conformity you showed in accepting the Divine order to depart from this life, and from the company of Jesus and Mary. I ask it by the joy which filled your soul, when the Redeemer of the world, triumphant over death and hell, entered into the possession of His kingdom and led you into it with special honors.

I ask it through Mary's glorious Assumption, and through that endless happiness you have with her in the presence of God. O good father! I beg you, by all your sufferings, sorrows, and joys, to hear me and obtain for me what I ask.

(make your request)

Obtain for all those who have asked my prayers everything that is useful to them in the plan of God. Finally, my dear patron and father, be with me and all who are dear to me in our last moments, that we may eternally sing the praises of Jesus, Mary and Joseph.

NOVENA TO THE IMMACULATE CONCEPTION

by Saint Pius X

O most holy Virgin who wast pleasing to God and didst become His Mother. Immaculate in thy body, in thy soul, in thy faith and in thy love, we beseech thee to look graciously upon the wretched who implore thy powerful protection. The wicked serpent, against whom the primal curse was hurled, continues nonetheless to wage war and to lay snares for the unhappy children of Eve. Ah, do thou, our blessed Mother, our Queen and Advocate, who from the first instant of thy conception didst crush the head of our enemy, receive the prayers that we unite single-heartedly to thine and beseech thee to offer at the throne of God, that we may never fall into the snares that are laid for us, in such wise that we may all come to the haven of salvation; and in the midst of so many dangers may the holy Church and the fellowship of Christians everywhere sing once more the hymn of deliverance, victory and peace. Amen.

PRAYER TO OUR LADY OF GUADALUPE

O Holy Mary, Virgin Mother of God, who as Our Lady of Guadalupe didst aid in the conversion of Mexico from paganism in a most miraculous way, we now beseech thee to bring about in these our times the early conversion of our modern world from its present Neo-Paganism to the One, Holy, Catholic and Apostolic Church of thy divine Son, Jesus Christ, starting in the Americas and extending throughout the entire world, so that soon there may be truly "one fold and one shepherd," with all governments recognizing the reign of thy Son, Jesus Christ the King. This we ask of the Eternal Father, through Jesus Christ His Son Our Lord and by thy powerful intercession - all for the salvation of souls, the triumph of the Church and peace in the world. Amen.

MEMORÁRE TO OUR LADY OF GUADALUPE

Remember, O most gracious Virgin of Guadalupe, that in thy heavenly apparitions on the mount of Tepeyac, thou promised to show thy compassion and pity towards all who, loving and trusting thee, seek thy help and call upon thee in their necessities and afflictions. Thou promised to hear our supplication, to dry our tears, give us consolation and relief. Never has it been known that anyone who fled to thy protection, implored thy help, or sought thine intercession, either for the common welfare, or in personal anxieties, was left unaided.

Inspired by this confidence, we run to thee, O Mary, ever- Virgin Mother of the true God! Though grieving under the weight of our sins, we come to prostrate ourselves before thy presence, certain that thou will fulfill thy merciful promises. We fully trust that, standing beneath thy shadow and protection, nothing will trouble or afflict us, nor do we need to fear illness, or misfortune, or any other sorrow.

Thou wanted to remain with us through thine admirable Image, thou who are our Mother, our health, and our life. Placing ourselves beneath thy maternal gaze, and having recourse to thee in all our necessities, we need do nothing more. O Holy Mother of God, despise not our petitions, but in thy mercy hear and answer us. Amen.

PRAYER TO OUR LADY OF MOUNT CARMEL

O most Blessed and Immaculate Virgin, ornament and beauty of Mount Carmel, thou who beholdest with thy special kindness those who wear thy blessed Scapular, look lovingly upon me, and cover me with the mantle of thy motherly protection. Fortify my weakness with thy power, enlighten the darkness of my understanding with thy wisdom, increase Faith, Hope and Charity in me, adorn my soul with the graces and virtues that will make me pleasing to thee and thy divine Son. Assist me during my life, and console me at the hour of my death and present me to the most blessed Trinity as thy devoted servant, to praise and bless thee in heaven forever. Amen.

NOVENA IN HONOR OF ST. THÉRÈSE OF THE INFANT JESUS

St. Teresa of the Infant Jesus, who didst show so much love for thy Divine Spouse, and didst ever hold “that deeds, even the most brilliant, without love count as nothing—that true love is nourished by sacrifice;” obtain for me, I beseech thee, from the Lord Jesus, a faith strong enough to raise me above all earthly things, a love without bound or limit, grace to do His holy will, so that no trial or suffering shall ever be able to separate me from Jesus and His blessed Mother. I likewise entreat thee, St. Teresa, to obtain for me the particular favor I ask in this Novena, if it be for the honor and glory of God, the salvation of my soul, and the welfare of those for whom I pray.

Let us pray: O Lord, Who hast said: “Unless ye become as little children, ye shall not enter into the kingdom of heaven,” grant unto us, we beseech Thee, so to follow the footsteps of blessed Teresa, virgin, in lowliness and simplicity of heart that we may gain everlasting rewards. Who livest and reignest with God the Father, in the unity of the Holy Ghost, God, world without end. Amen. St. Teresa of the Infant Jesus, pray for us.

NOVENA TO ST. PETER

O Holy Apostle, because thou art the Rock upon which Almighty God has built His Church; obtain for me, I pray thee, lively faith, firm hope and burning charity; complete detachment from myself, contempt of the world, patience in adversity, humility in prosperity, recollection in prayer, purity of heart, a right intention in all my works, diligence in fulfilling the duties of my state of life, constancy in my resolutions, resignation to the will of God and perseverance in the grace of God even unto death; so that, by means of thy intercession and thy glorious merits, I may be made worthy to appear before the chief and eternal Shepherd of souls, Jesus Christ, Who with the Father and the Holy Ghost lives and reigns forever and ever. Amen. *(pause for intention)*
St. Peter, pray for us.

ACT OF CONSECRATION OF THE HUMAN RACE TO THE SACRED HEART OF JESUS

by Pope Pius XI

Most sweet Jesus, Redeemer of the human race, look down upon us humbly prostrate before Thy Altar *(outside a church or oratory say: in Thy presence)*. We are Thine, and Thine we wish to be; but, to be more surely united with Thee, behold, each one of us freely consecrates himself today to Thy most Sacred Heart. Many indeed have never known Thee; many too, despising Thy precepts, have rejected Thee. Have mercy on them all, most merciful Jesus, and draw them to Thy Sacred Heart.

Be Thou King, O Lord, not only of the faithful who have never forsaken Thee, but also of the prodigal children who have abandoned Thee; grant that they may quickly return to their Father’s house, lest they die of wretchedness and hunger. Be Thou King of those who are deceived by erroneous opinions, or whom discord keeps aloof; and call them back to the harbor of truth and unity of faith, so that soon there may be but one flock and one Shepherd.

Be Thou King of all those who are still involved in the darkness of idolatry or of Islamism, and refuse not to draw them all into the light and kingdom of God. Turn Thine eyes of mercy toward the children of that race, once Thy chosen people. Of old they called down upon themselves the Blood of the Saviour; may It now descend upon them a laver of redemption and of life.

Grant, O Lord, to Thy Church assurance of freedom and immunity from harm; give peace and order to all nations, and make the earth resound from pole to pole with one cry: Praise to the divine Heart that wrought our salvation; to It be glory and honor forever. Amen.

PRAYERS FOR THE HOLY ROSARY

In Nómine Patris, † et Fílii, et Spíritus Sancti. Amen.

Credo in Deum Patrem omnipoténtem, Creatórem cæli et terræ. Et in Iesum Christum, Fílium eius únicum, Dóminum nostrum, qui concéptus est de Spíritu Sancto, natus ex María Virgine, passus sub Póntio Piláto, crucifixus, mórtuus, et sepúltus, descéndit ad ínferos, tértia die resurréxit a mórtuis, ascéndit ad cælos, sedet ad dexteram Dei Patris omnipoténtis, inde ventúrus est iudicáre vivos et mórtuos. Credo in Spíritum Sanctum, sanctam Ecclésiám cathólicam, sanctórum communiónem, remissiónem peccatórum, carnis resurrectiόnem, vitam ætérnam. Amen.

Pater Noster, qui es in cælis: sanctificétur nomen tuum: Advéniat regnum tuum: Fiat volúntas tua, sicut in cælo et in terra. Panem nostrum quotidiánum da nobis hódie: Et dimítte nobis débíta nostra, sicut et nos dimíttimus debitóribus nostris. Et ne nos indúcas in tentatiόnem: sed líbera nos a malo. Amen.

Ave María, grátia plena, Dóminus tecum; benedícta tu in muliéribus, et benedictus fructus ventris tui, Iesus. Sancta María, Mater Dei, ora pro nobis peccatóribus, nunc et in hora mortis nostræ. Amen.

Glória Patri, et Fílio, et Spíritui Sancto. Sicut erat in princípío, et nunc, et semper, et in sæcula sæculórum. Amen.

Mi Iesu, indúlge peccáta nostra, consérva nos ab igne inférni, duc omnes ad cæli glóriam, præcípe tua misericórdia máxime egéntes.

MYSTÉRIA GAUDIÓSA

In primo mystério gaudióso, annuntiatiόnem Beátæ Mariæ Virginiis contemplámur et humilitátem pétimus.

In secúndo mystério gaudióso, visitatiόnem Beátæ Mariæ Virginiis contemplámur et amórem fratrum pétimus.

In tértio mystério gaudióso, nativitátem Dómini nostri Iesu Christi contemplámur et spíritum paupertátis pétimus.

In quarto mystério gaudióso, oblatiόnem Dómini nostri Iesu Christi contemplámur et obediéntiam pétimus.

In quinto mystério gaudióso, inventiόnem Dómini nostri Iesu Christi in templo contemplámur et grátiam quæréndi Deum in ómnibus pétimus.

PRAYERS FOR THE HOLY ROSARY

I believe in God, the Father Almighty, Creator of heaven and earth and in Jesus Christ, His only Son, our Lord; Who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day He rose again from the dead. He ascended into heaven and sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Ghost, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

Our Father, Who art in heaven: hallowed be Thy name: Thy kingdom come: Thy will be done, on earth as it is in heaven. Give us this day our daily bread: and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation: but deliver us from evil. Amen.

Hail Mary, full of grace, The Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now, and ever shall be, world without end. Amen.

O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls into heaven, especially those in most need of Thy mercy.

THE JOYFUL MYSTERIES

In the first joyful mystery, we contemplate the Annunciation of the Blessed Virgin Mary and ask for the grace of humility.

In the second joyful mystery, we contemplate the Visitation of the Blessed Virgin Mary and ask for the grace of fraternal charity.

In the third joyful mystery, we contemplate the Nativity of our Lord and ask for the spirit of poverty.

In the fourth joyful mystery, we contemplate the Presentation of our Lord and ask for the grace of obedience.

In the fifth joyful mystery, we contemplate the Finding of our Lord in the Temple and ask for the grace of seeking God in everything.

MYSTÉRIA DOLORÓSA

In primo mystério doloroso, agoníam Dómini nostri Iesu Christi in horto contemplámur et contritióinem pro peccátis pétimus.

In secúndo mystério doloroso, flagellatióinem Dómini nostri Iesu Christi contemplámur et mortificatióinem córporis pétimus.

In tértio mystério doloroso, coronatióinem spinárum Dómini nostri Iesu Christi contemplámur et mortificatióinem supérbiæ pétimus.

In quarto mystério doloroso, baiulatióinem Crucis contemplámur et patiéntiam in tribulatióinibus pétimus.

In quinto mystério doloroso, crucifixiόnem Dómini nostri Iesu Christi contemplámur et donum suiipsius ad redemptiόnem animárum pétimus.

MYSTÉRIA GLORIÓSA

In primo mystério gloriόso, resurrectiόnem Dómini nostri Iesu Christi a mórtuis contemplámur et fidem pétimus.

In secúndo mystério gloriόso, ascensiόnem Dómini nostri Iesu Christi in cælum contemplámur et desidérium supernórum pétimus.

In tértio mystério gloriόso, missiόnem Spíritus Sancti in discípulos contemplámur et zelum animárum pétimus.

In quarto mystério gloriόso, assumptiόnem Beátæ Mariæ Vírginis in cælum contemplámur et grátiam bene moriéndi pétimus.

In quinto mystério gloriόso, coronatiόnem Beátæ Mariæ Vírginis in cælo contemplámur et fidúciam in María Regína nostra pétimus.

THE SORROWFUL MYSTERIES

In the first sorrowful mystery, we contemplate the Agony in the Garden and ask for the grace of contrition.

In the second sorrowful mystery, we contemplate the Scourging at the Pillar and ask for the grace of mortification of the body.

In the third sorrowful mystery, we contemplate the Crowning with Thorns and ask for the grace of mortification of pride.

In the fourth sorrowful mystery, we contemplate the Carrying of the Cross and ask for the grace of patience.

In the fifth sorrowful mystery, we contemplate the Crucifixion of our Lord and ask for the grace of generosity for the salvation of souls.

THE GLORIOUS MYSTERIES

In the first glorious mystery, we contemplate the Resurrection of our Lord and ask for the grace of faith.

In the second glorious mystery, we contemplate the Ascension of our Lord into heaven and ask for the grace of desiring spiritual things.

In the third glorious mystery, we contemplate the Descent of the Holy Ghost upon the Apostles and ask for zeal for souls.

In the fourth glorious mystery, we contemplate the Assumption of the Blessed Virgin Mary into heaven and ask for the grace of a good death.

In the fifth glorious mystery, we contemplate the Crowning of the Blessed Virgin Mary in heaven and ask for confidence in Mary our Queen.

Salve, Regína, mater misericórdiæ, vita, dulcédo, et spes nostra, salve. Ad te clamámus éxsules filii Hevæ. Ad te suspirámus, geméntes et flentes in hac lacrimárum valle. Eia, ergo, advocáta nostra, illos tuos misericórdes óculos ad nos convérte. Et Iesum, benedíctum fructum ventris tui, nobis post hoc exsílum osténde. O clemens, O pia, O dulcis Virgo María.

V. Ora pro nobis, sancta Dei Génatrix.

R. **Ut digni efficiámur promissionibus Christi.**

Orémus: Deus, cuius Unigénitus per vitam, mortem et resurrectionem suam nobis salutis æternæ præmia comparávit, concéde, quæsumus: ut hæc mystéria sacratíssimo beátæ Mariæ Vírginis Rosário recoléntes, et imitémur quod cóntinent, et quod promíttunt assequámur. Per eúndem Christum Dóminum nostrum. R. Amen.

Ad mentem Summi Pontíficis N. (*genitive case*).

Pater Noster...Ave María...Gloria...

AD SANCTUM JOSEPH

(*Added to the Rosary during the month of October*)

Ad te Beáte Ioseph,* in tribulatióne nostra confúgimus,* atque, imploráto Sponsæ tuæ sanctíssimæ auxílio, patrocínium quoque tuum fidénter expóscimus.* Per eam, quæsumus, quæ te cum immaculáta Vírgine Dei Genetríce coniúnxit, caritátem;* perque patérnum, quo Púerum Iesum ampléxus es, amórem; súpplīces deprecámur,* ut ad hereditátem, quam Iesus Christus acquisívit Sánguine suo, benígnus respícias,* ac necessitatibus nostris tua virtúte et ope succúrras.* Tuére, O Custos providentíssime divínæ Famíliæ, Iesu Christi sóbolem eléctam;* próhibe a nobis, amantíssime Pater, omnem errórum ac corruptelárum luem;* propítius nobis, sospitátor noster fortíssime, in hoc cum potestáte tenebrárum certámine e cælo adésto;* et sicut olim Púerum Iesum e summo eripuísti vitæ discrímīne,* ita nunc Ecclésiā sanctam Dei ab hostílibus insídiis atque ab omni adversitatē defénde:* nosque singulos perpétuo tege patrocínio, ut ad tui exémp̄lar et ope tua suffúlti,* sancte vívere, pie étori, sempiternámque in cælis beatitúdinem ássequi possímus.* Amen.

Hail Holy Queen, Mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us. And after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O Holy Mother of God.

R. **That we may be made worthy of the promises of Christ.**

Let us pray: O God, whose only-begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that by meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

For the intentions of the Holy Father, Pope N.

Our Father...Hail Mary...Glory be...

PRAYER TO SAINT JOSEPH

(*Added to the Rosary during the month of October*)

Unto thee, O Blessed Joseph,* do we fly in our tribulation and, having implored the help of thy most holy Spouse, we now confidently seek thy protection.* By that charity which united thee to the Immaculate Virgin Mother of God, and by thy fatherly love for the Child Jesus,* we humbly beg thee to look graciously upon the inheritance which Jesus Christ hath purchased with His Blood,* and in our need to help us by thy powerful intercession.* Do thou, O prudent guardian of the Holy Family, watch over the chosen people of Jesus Christ.* Keep us, O most loving father, from all blight of error and corruption.* O most mighty protector, from thy place in Heaven, in this warfare with the powers of darkness: and, as thou didst snatch the Child Jesus from danger of death, so now defend the holy Church of God from the snares of the enemy and from all adversity. Guard each one of us by thy perpetual patronage, so that, sustained by thine example and help, we may live in holiness, die a holy death, and obtain the everlasting happiness of heaven. Amen.

THE ANGELUS

V. Ángelus Dómini nuntiávit Maríæ
R. Et concépit de Spíritu Sancto. Ave María...
V. Ecce ancílla Dómini
R. Fiat mihi secúndum verbum tuum. Ave María...
V. Et Verbum caro factum est.
R. Et habitávit in nobis. Ave María...
V. Ora pro nobis, sancta Dei Génatrix.
R. Ut digni efficiámur promissionibus Christi.

Orémus: Grátiam tuam, quæsumus, Dómine, méntibus nostris infúnde; ut, qui, ángelo nuntiánte, Christi Filii tui incarnatiónem cognóvimus, per passióem eius et crucem, ad resurrectiós glóriam perducámur. Per eúndem Christum Dóminum nostrum. **R. Amen.**

REGINA CÆLI

(Said during Paschaltide)

V. Regína cæli, lætáre, allelúia:
R. Quia quem meruísti portáre, alleluia.

V. Resurrexit sicut dixit, allelúia:
R. Ora pro nobis Deum, alleluia.

V. Gaude et lætáre, Virgo María, allelúia.
R. Quia surréxit Dóminus vere, alleluia.

Orémus: Deus, qui per resurrectiós Filii tui, Dómini nostri Iesu Christi, mundum lætificáre dignátus es: præsta, quæsumus; ut, per eius Genetrícem Vírginem Mariám, perpétuæ capiámus gáudia vitæ. Per eúndem Christum Dóminum nostrum.
R. Amen.

V. Divínium auxílium máneat semper nobíscum.
R. Amen.

THE ANGELUS

V. The Angel of the Lord declared unto Mary
R. And she conceived by the Holy Spirit. Hail Mary...
V. Behold the handmaid of the Lord
R. Be it done unto me according to Thy word. Hail Mary...
V. And the Word was made flesh (*genuflect*)
R. And dwelt amongst us. Hail Mary...
V. Pray for us, O Holy Mother of God
R. That we may be made worthy of the promises of Christ.

Let us pray: Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His passion and cross be brought to the glory of His resurrection, through the same Christ our Lord. **R. Amen.**

V. May the divine assistance remain always with us.
R. And may the souls of the faithful departed through the mercy of God rest in peace. Amen.

REGINA CÆLI

V. O Queen of heaven, rejoice, alleluia!
R. For He whom thou didst merit to bear, alleluia!

V. Hath risen as He said, alleluia!
R. Pray for us to God, alleluia!

V. Rejoice and be glad, O Virgin Mary, alleluia!
R. For the Lord hath truly risen, alleluia!

Let us pray: O God, who by the Resurrection of Thy Son our Lord Jesus Christ didst deign to give joy to the world: grant, we beseech Thee, that through His Mother, the Virgin Mary, we may obtain the joys of everlasting life. Through the same Christ our Lord. **R. Amen.**

V. May the divine assistance remain always with us.
R. And may the souls of the faithful departed through the mercy of God rest in peace. Amen.

ANGELUS IN CANTU

4. *Superior* *All* Dom CHARPENTIER, OSB

A Nge-lus Dómi-ni * nunti-ávit Ma-rí-æ, et concé-pit
1st Choir (or the Cantors)
 de Spí-ri-tu Sancto. Ave Ma-rí-a, grá-ti-a plena, Dóminus
2nd Choir (or the Congregation)
 tecum, benedícta tu in muli- é-ribus, et benedíctus fructus
 ventris tu-i, Jesus. Sancta Ma-rí-a, ma-ter De-i, ora pro
 nobis peccatóribus, nunc et in hora mortis nostræ. Amen.

Superior *All*
Ant. Ecce * ancílla Dómi-ni, fi-at mi-hi secúndum ver-
1st Choir *Superior* *All*
 bum tu-um. Ave Ma-rí-a...etc. *Ant.* Et Verbum * caro fac-
1st Choir
 tum est, et habi-tá-vit in no-bis. Ave Ma-rí-a...etc.
Cantors

℣. Ora pro nobis, sancta De-i *Gé-ni-trix.*
 ℞. Ut digni ef- fi- ci- ámur promissiónibus Chri- sti.

Superior
 Orémus. Gráti-am tu-am, quæsumus Dómine, méntibus
 nostris infúnde: † ut qui, Ángelo nuntiánte, Christi Fíli-i
 tu-i incarnati-ónem *cognóvimus*, * per passi-ónem ejus et
 crucem ad resurrecti-ónis glóriam perducámur. Per e-úm-
 dem Christum Dóminum nostrum. ℞. Amen.

Superior

℣. Divínium auxílium máneat semper nobíscum. ℞. Amen.

During Eastertide, Regina cæli is chanted in place of Angelus.

REGINA COELI IN CANTU

1. **R** Egína caé-li * laetáre, alle-lú-ia : qui- a quem
 meru- í-sti portá-re, alle-lú-ia : resurrexit sic-ut díxit,
 alle-lú-ia : ó- ra pro nó-bis Dé-um, alle-lú-ia.

℣. Post pártum Vírgo invioláta permansísti.
 ℞. Déi Génitrix intercède pro nobis.

Oratio.

Gráti-am tu-am, quæsumus Dó- gnóvimus, * per passi-ónem ejus et
 mine, méntibus nostris infún- cruce ad resurrecti-ónis glóriam
 de : † ut qui, Ángelo nuntiánte, perducámur. Per eúmdem Christum
 Christi Fílii tui Incarnati-ónem co- Dóminum nostrum. ℞. Amen.

PENANCE & RECONCILIATION

CONSIDERATIONS FOR YOUR DAILY EXAMEN:

1. What good did I accomplish today?
2. What evil did I do today?
3. What good did I fail to do?
4. How did I do in eliminating my favorite sin?
5. What resolution do I make for tomorrow?

CONSIDERATIONS FOR CHAPTER OF FAULTS:

Charity:

Did I offend my father/brother? Was I disrespectful, angry, frustrated, impatient, loud, arrogant, prideful, rude, spread gossip or detraction, criticize, complain

Obedience:

Did I break the rules of the house? Was I disobedient to my father/brother? Was I neglectful of duties, slothful, selfish, bring disorder into the house, fail to pray

Formula for Chapter of Faults:

I confess to Almighty God and to you my fathers and my brothers that I have sinned, especially by...

EXAMINATION OF CONSCIENCE

1. I am the Lord your God: you shall not have strange gods before me.
Have I treated people, events, or things as more important than God?
2. You shall not take the name of the Lord your God in vain.
Have my words, actively or passively, put down God, the Church, or people?
3. Remember to keep holy the Lord's Day.
Do I go to Mass every Sunday (or Saturday Vigil) and on Holy Days of Obligation? Do I avoid, when possible, work that impedes worship to God, joy for the Lord's Day, and proper relaxation of mind and body? Do I look for ways to spend time with family or in service on Sunday?
4. Honor your father and your mother.
Do I observe obedience to superiors? Have I violated any rules of the seminary? Do I show my parents due respect? Do I seek to maintain good communication with my parents where possible?
5. You shall not kill.
Have I harmed another through physical, verbal, or emotional means, including gossip or manipulation of any kind?
6. You shall not commit adultery.
Have I respected the physical and sexual dignity of others and of myself in thought, word, or deed? Have I kept custody of the eyes?
7. You shall not steal.
Have I taken or wasted time or resources that belonged to another?
8. You shall not bear false witness against your neighbor.
Have I gossiped, told lies, or embellished stories at the expense of another?
9. You shall not covet your neighbor's spouse.
Have I honored my spouse with my full affection and exclusive love?
10. You shall not covet your neighbor's goods.
Am I content with my own means and needs, or do I compare myself to others unnecessarily?

ACT OF CONTRITION

Deus meus, ex toto corde paenitet me omnium meorum peccatorum, eaque detestor, quia peccando, non solum poenas a Te iuste statutas promeritus sum, sed praesertim quia offendi Te, summum bonum, ac dignum qui super omnia diligaris. Ideo firmiter propono, adiuvante gratia Tua, de cetero me non peccaturum peccandique occasiones proximas fugiturum. Amen.

ITINERARIUM

Ant. In viam pacis...

Benedictus Dominus Deus Israel; * quia visitavit et fecit redemptionem plebi suae | et erexit cornu salutis nobis, * in domo David pueri sui, | sicut locutus est per os sanctorum,* qui a saeculo sunt, prophetarum eius, | salutem ex inimicis nostris,* et de manu omnium, qui oderunt nos; | ad faciendam misericordiam cum patribus nostris,* et memorari testamenti sui sancti, | iusiurandum, quod iuravit ad Abraham patrem nostrum, * daturum se nobis, | ut sine timore, de manu inimicorum liberati, * serviamus illi | in sanctitate et iustitia coram ipso * omnibus diebus nostris. | Et tu, puer, propheta Altissimi vocaberis: * praeibis enim ante faciem Domini parare vias eius, | ad dandam scientiam salutis plebi eius * in remissionem peccatorum eorum, | per viscera misericordiae Dei nostri, * in quibus visitabit nos oriens ex alto, | illuminare his, qui in tenebris et in umbra mortis sedent, * ad dirigendos pedes nostros in viam pacis. Gloria Patri...

Ant. In viam pacis et prosperitatis dirigat nos omnipotens et misericors Dominus: et Angelus Raphael comitetur nobiscum in via, ut cum pace, salute et gaudio revertamur ad propria.

V. Kyrie, eleison.

R. Christe, eleison. Kyrie, eleison.

ACT OF CONTRITION

O my God, I am heartily sorry for having offended Thee and I detest all my sins because of Thy just punishments, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more and avoid the near occasions of sin. Amen.

PRAYER BEFORE TRAVEL

Ant. Into the way of peace...

Blessed be the Lord, the God of Israel; * he has come to his people and set them free. | He has raised up for us a mighty savior, * born of the house of his servant David. | Through his holy prophets he promised of old † that he would save us from our enemies, * from the hands of all who hate us. | He promised to show mercy to our fathers and to remember his holy covenant. | This was the oath he swore to our father Abraham: * to set us free from the hands of our enemies, | free to worship him without fear, * holy and righteous in his sight all the days of our life. | You, my child, shall be called the prophet of the Most High; * for you will go before the Lord to prepare his way, | to give his people knowledge of salvation * by the forgiveness of their sins. | In the tender compassion of our God * the dawn from on high shall break upon us, | to shine on those who dwell in darkness and the shadow of death, * and to guide our feet into the way of peace. Glory be...

Ant. Into the way of peace and prosperity, may the almighty and merciful Lord lead us and may the Angel Raphael be with us along the way, that we may come to our home again in peace, and health, and gladness.

Pater noster (*secreto usque ad*)

V. Et ne nos inducas in tentationem.

R. Sed libera nos a malo.

V. Salvos fac servos tuos.

R. Deus meus, sperantes in te.

V. Mitte nobis, Domine, auxilium de sancto.

R. Et de Sion tuere nos.

V. Esto nobis, Domine, turris fortitudinis.

R. A facie inimici.

V. Nihil proficiat inimicus in nobis.

R. Et filius iniquitatis non apponat nocere nobis.

V. Benedictus Dominus die quotidie.

R. Prosperum iter faciat nobis Deus salutarium nostrorum.

V. Vias tuas, Domine, demonstra nobis.

R. Et semitas tuas edoce nos.

V. Utinam dirigantur viae nostrae.

R. Ad custodiendas iustificationes tuas.

V. Erunt prava in directa.

R. Et aspera in vias planas.

V. Angelis suis Deus mandavit de te.

R. Ut custodiant te in omnibus viis tuis.

V. Domine, exaudi orationem meam.

R. Et clamor meus ad te veniat.

V. Dominus vobiscum.

R. Et cum spiritu tuo.

Oremus: Deus, qui filios Israel per maris medium sicco vestigio ire fecisti, quique tribus Magis iter ad te stella duce pandisti, tribue nobis quaesumus iter prosperum tempusque tranquillum: ut, Angelo tuo sancto comite, ad eum quo pergimus locum, ac demum ad aeternae salutis portum pervenire feliciter valeamus. Deus, qui Abraham puerum tuum, de Ur Chaldaeorum eductum, per omnes suae peregrinationis vias illaesum custodisti: quaesumus, ut nos famulos tuos custodire digneris: esto nobis Domine in procinctu suffragium, in via solatium, in aestu umbraculum, in pluvia et frigore tegumentum, in lassitudine vehiculum, in adversitate praesidium, in lubrico baculus, in naufragio portus: ut, te duce, quo tendimus prospere perveniamus, et demum incolumes ad propria redeamus. Adesto, quaesumus Domine, supplicationibus nostris: et viam famulorum tuorum in salutis tuae prosperitate dispone: ut inter omnes viae et vitae huius varietates tuo semper protegamur auxilio.

V. Procedamus in pace.

R. In nomine Domini. Amen.

Our Father (*silently as far as*)

V. And lead us not into temptation.

R. But deliver us from evil.

V. Save Thy servants.

R. My God, who hope in Thee.

V. O Lord, send us help from the sanctuary.

R. And strengthen us out of Sion.

V. Be unto us, O Lord, a tower of strength.

R. In the face of the enemy.

V. Let not the enemy prevail against us.

R. Nor the son of iniquity have power to harm us.

V. Blessed be the Lord daily.

R. The God of our salvation maketh our way prosperous.

V. Show us Thy ways, O Lord.

R. And teach us Thy paths.

V. O that our ways were directed.

R. To keep Thy precepts.

V. The crooked shall be made straight.

R. And the rough ways plain.

V. God has given His Angels charge over thee.

R. That they may keep thee in all thy ways.

V. O Lord, hear my prayer.

R. And let my cry come unto Thee.

V. The Lord be with you.

R. And with thy spirit.

Let us pray: O God, who madest the children of Israel to walk with dry feet through the midst of the sea, and who didst open unto the three wise men, by the guiding of a star, the way that led unto Thee, grant us good speed, and quietness: may thy holy Angel accompany us during our pilgrimage and in the end, may we attain the haven of eternal salvation. O God, who didst call Thy servant Abraham out of Ur of the Chaldees, and didst keep him from evil through all the ways of his pilgrimage, we beseech Thee, that it may please Thee to keep us Thy servants. Be Thou unto us, O Lord, a help when we go forward, a comfort by the way, a shadow from the heat, a covering from the rain and the cold, a chariot in weariness, a refuge in trouble, a staff in slippery paths, a haven in shipwreck do Thou lead us, that we may happily come thither where we would be, and thereafter come again safe unto our own home. Graciously hear our supplications, O Lord, we beseech Thee, and order the goings of Thy servants in the safe path that leadeth unto salvation in Thee, that amidst all the manifold changes of this life's pilgrimage, Thy shield may never cease from us. Grant, we beseech Thee, O almighty God, that Thy family may fare onward in the path of salvation, and by giving heed to the preaching of the blessed Fore-runner John, may safely attain unto Him whom John preached, even our Lord Jesus Christ Thy Son, who liveth and reigneth with Thee, in the unity of the Holy Ghost, one God, world without end. **R. Amen.**

V. Let us go forth in peace.

R. In the name of the Lord. Amen.

TABLE BLESSINGS

ANTE PRANDIUM / BEFORE LUNCH

V. Benedícite.

R. Benedícite.

Oculi ómnium in te sperant Dómine, † et tu das escam illórum in témpore opportúno. * Áperis tu manum tuam,* et imples omne ánimam benedictióne. Glória Patri, et Fílio, * et Spirítui Sáncto. * Sicut erat in princípío, et nunc et semper,* et in sæcula sæculórum. Amen.

Kýrie eléison. Christe eléison. Kýrie eléison.

Pater noster. (*in secreto usque ad*)

V. Et ne nos indúcas in tentatióne.

R. Sed libera nos a malo.

Orémus. Bénedic, Dómine, † nos et hæc tua dona, * quæ de tua largitáte sumus sumptúri. Per Christum Dóminum nostrum.

R. Amen.

Lector: Iube, domne, benedícere.

Benedictio: Mensæ cæléstis partícipes * fáciat nos Rex æternæ glóriæ. Omnes: Amen.

POST PRANDIUM / AFTER LUNCH

V. Confiteántur tibi, Dómine, ómnia ópera tua.

R. Et Sancti tui benedícant tibi.

Glória Patri, et Fílio, * et Spirítui Sáncto. * Sicut erat in princípío, et nunc et semper,* et in sæcula sæculórum. Amen.

Ágimus tibi grátias, omnípotens Deus, † pro univérssis beneficiis tuis: * Qui vivis et regnas in sæcula sæculórum.

R. Amen.

Laudáte Dóminum omnes géntes: laudáte eum, omnes pópuli:* Quóniam confirmáta est super nos misericórdia éius:* et véritas Dómini manet in ætérnum.

Glória Patri, et Fílio, * et Spirítui Sáncto. * Sicut erat in princípío, et nunc et semper, * et in sæcula sæculórum. Amen.

Kýrie eléison. Christe eléison. Kýrie eléison.

Pater noster. (*secreto*)

V. Et ne nos indúcas in tentatióne.

R. Sed libera nos a malo.

V. Dispérsit, dedit paupéribus.

R. Iustítia eius manet in sæculum sæculi.

V. Benedícam Dóminum in omni témpore.

R. Semper laus eius in ore meo.

V. In Dómino laudábitur ánima mea.

R. Aúdiat mansuétí, et læténtur.

V. Magnificáte Dóminum mecum.

R. Et exaltémus nomen eius in idípsum.

V. Sit nomen Dómini benedíctum.

R. Ex hoc nunc et usque in sæculum.

Retribúere dignáre, Dómine, † ómnibus nobis bona faciéntibus propter nomen tuum, * vitam ætérnam.

R. Amen.

V. Benedicámus Dómino.

ANTE CENAM / BEFORE DINNER

V. Benedícite.

R. Benedícite.

Edent páuperes, et saturabúntur, † et laudábunt Dóminum qui requírunť éum: * vivent corda eórum in sæculum sæculi.

Glória Patri, et Fílio, * et Spirítui Sáncto. * Sicut erat in princípío, et nunc et semper, * et in sæcula sæculórum. Amen.

Kýrie eléison. Christe eléison. Kýrie eléison.

Pater noster. (*in secreto usque ad*)

V. Et ne nos indúcas in tentatiónem.

R. Sed libera nos a malo.

Orémus. Bénedic, Dómine, † nos et hæc tua dona, * quæ de tua largitáte sumus sumptúri. Per Christum Dóminum nostrum.

R. Amen.

Lector: Iube, domne, benedícere.

Benedictio: Ad cenam vitæ æternæ * perdúcat nos Rex æternæ glóriæ. **R. Amen.**

R. Deo grátias.

V. Fidélium ánimæ per misericórdiam Dei requiészant in pace.

R. Amen.

POST CENAM / AFTER DINNER

V. Memóriam fecit mirábílium suórum.

R. Miséricors et miserátor Dóminus, * escam dedit tíméntibus se.

Glória Patri, et Fílio, * et Spirítui Sáncto. * Sicut erat in princípío, et nunc et semper, * et in sæcula sæculórum. Amen. Benedictus Deus in donis suis, † et sanctus in ómnibus opéribus suis: * Qui vivit et regnat in sæcula sæculórum.

R. Amen.

Laudáte Dóminum omnes Géntes: laudáte eum, omnes pópuli: * Quóniam confirmáta est super nos misericórdia éius: * et véritas Dómini manet in ætérnum.

Glória Patri, et Fílio, * et Spirítui Sáncto. * Sicut erat in princípío, et nunc et semper, * et in sæcula sæculórum. Amen.

Kýrie eléison. Christe eléison. Kýrie eléison.

Pater noster. (*in secreto usque ad*)

V. Et ne nos indúcas in tentatiónem.

R. Sed libera nos a malo.

V. Dispérsit, dedit paupéribus.

R. Iustítia eius manet in sæculum sæculi.

V. Benedícam Dóminum in omni témpore.

R. Semper laus eius in ore meo.

V. In Dómino laudábitur ánima mea.

R. Aúdiánt mansuétí, et læténtur.

V. Magnificáte Dóminum mecum.

R. Et exaltémus nomen eius in idípsum.

V. Sit nomen Dómini benedíctum.

R. Ex hoc nunc et usque in sæculum.

Retribúere dignáre, Dómine, † ómnibus nobis bona faciéntibus propter nomen tuum, * vitam ætérnam.

R. Amen.

V. Benedicámus Dómino.

R. Deo grátias.

V. Fidélium ánimæ per misericórdiam Dei requiészant in pace.

R. Amen.

LITANIÆ LAURETANÆ

Kyrie, eleison **Christe, eleison**
Kyrie, eleison. Christe, audi nos. **Christe, exaudi nos**
Pater de caelis, Deus, **Miserere nobis**
Fili, Redemptor mundi, Deus, **Miserere nobis**
Spiritus Sancte Deus, **Miserere nobis**
Sancta Trinitas, unus Deus, **Miserere nobis**
Sancta Maria, **Ora pro nobis...**
Sancta Dei Genetrix,
Sancta Virgo virginum,
Mater Christi,
Mater Ecclesiae,
Mater Divinae gratiae,
Mater purissima,
Mater castissima,
Mater inviolata,
Mater intemerata,
Mater amabilis,
Mater admirabilis,
Mater boni Consilii,
Mater Creatoris,
Mater Salvatoris,
Virgo prudentissima,
Virgo veneranda,
Virgo praedicanda,
Virgo potens,
Virgo clemens,
Virgo fidelis,
Speculum iustitiae,
Sedes sapientiae,
Causa nostrae laetitiae,
Vas spirituale,
Vas honorabile,
Vas insigne devotionis,
Rosa mystica,
Turris Davidica,
Turris eburnea,
Domus aurea,
Foederis arca,

THE LITANY OF LORETO

Lord, have mercy. **Christ have mercy.**
Lord have mercy. Christ hear us. **Christ graciously hear us.**
God the Father of heaven, **have mercy on us.**
God the Son, Redeemer of the world, **have mercy on us.**
God the Holy Spirit, **have mercy on us.**
Holy Trinity, one God, **have mercy on us.**
Holy Mary, **pray for us...**
Holy Mother of God,
Holy Virgin of Virgins,
Mother of Christ,
Mother of divine grace,
Mother of the Church,
Mother most pure,
Mother most chaste,
Mother inviolate,
Mother undefiled,
Mother most amiable,
Mother most admirable,
Mother of good Counsel,
Mother of our Creator,
Mother of our Savior,
Virgin most prudent,
Virgin most venerable,
Virgin most renowned,
Virgin most powerful,
Virgin most merciful,
Virgin most faithful,
Mirror of justice,
Seat of wisdom,
Cause of our joy,
Spiritual vessel,
Vessel of honor,
Singular vessel of devotion,
Mystical rose,
Tower of David,
Tower of ivory,
House of gold,
Ark of the covenant,

Ianua caeli,
Stella matutina,
Salus infirmorum,
Refugium peccatorum,
Consolatrix afflictorum,
Auxilium Christianorum,
Regina Angelorum,
Regina Patriarcharum,
Regina Prophetarum,
Regina Apostolorum,
Regina Martyrum,
Regina Confessorum,
Regina Virginum,
Regina Sanctorum omnium,
Regina sine labe originali concepta,
Regina in caelum assumpta,
Regina Sanctissimi Rosarii,
Regina familiae,
Regina pacis,

Agnus Dei, qui tollis peccata mundi,
Parce nobis, Domine
Agnus Dei, qui tollis peccata mundi,
Exaudi nobis, Domine
Agnus Dei, qui tollis peccata mundi,
Miserere nobis

Ora pro nobis, Sancta Dei Genetrix,
Ut digni efficiamur promissionibus Christi

Oremus. Concede nos famulos tuos, quaesumus, Domine
Deus, perpetua mentis et corporis sanitate gaudere: et
gloriosa beatae Mariae semper Virginis intercessione, a
praesenti liberari tristitia, et aeterna perfrui laetitia. Per
Christum Dominum nostrum. Amen.

Gate of heaven,
Morning star,
Health of the sick,
Refuge of sinners,
Comforter of the afflicted,
Help of Christians,
Queen of Angels,
Queen of Patriarchs,
Queen of Prophets,
Queen of Apostles,
Queen of Martyrs,
Queen of Confessors,
Queen of Virgins,
Queen of all Saints,
Queen conceived without original sin,
Queen assumed into heaven,
Queen of the most holy Rosary,
Queen of families,
Queen of peace,

Lamb of God, Who takes away the sins of the world,
Spare us, O Lord.
Lamb of God, Who takes away the sins of the world,
Graciously hear us, O Lord.
Lamb of God, Who takes away the sins of the world,
Have mercy on us.

Pray for us, O holy Mother of God.
That we may be made worthy of the promises of Christ.

Let us pray. Grant, we beseech Thee, O Lord God, that we
thy servants may enjoy perpetual health of mind and body,
and by the glorious intercession of blessed Mary, ever Virgin,
may we be freed from present sorrow, and rejoice in eternal
happiness. Through Christ our Lord. Amen.

LITANIÆ SANTE IOSEPH

Kyrie, eleison.

Christe, eleison. Kyrie, eleison.

Christe, audi nos.

Christe, exaudi nos.

Pater de cœlis, Deus, **miserere nobis.**

Fili, Redemptor mundi, Deus, **miserere nobis.**

Spiritus Sancte Deus, **miserere nobis.**

Sancta Trinitas, unus Deus, **miserere nobis.**

Sancta Maria, **ora pro nobis.**

Sancte Ioseph,

Proles David inclyta,

Lumen Patriarcharum,

Dei Genetricis Sponse,

Custos pudice Virginis,

Filii Dei nutricie,

Christi defensor sedule,

Almæ Familiæ præses,

Ioseph iustissime,

Ioseph castissime,

Ioseph prudentissime,

Ioseph fortissime,

Ioseph obœdientissime,

Ioseph fidelissime,

Speculum patientiæ,

Amator paupertatis,

Exemplar opificum,

Domesticæ vitæ decus,

Custos virginum,

Familiarum columen,

Solatium miserorum,

Spes ægrotantium,

Patrone morientium,

Terror dæmonum,

Protector sanctæ Ecclesiæ,

Agnus Dei, qui tollis peccata mundi,

parce nobis, Domine.

Agnus Dei, qui tollis peccata mundi,

exaudi nos, Domine.

Agnus Dei, qui tollis peccata mundi,

miserere nobis.

Constituit eum dominum domus suæ.

Et principem omnis possessionis suæ.

Oremus. Deus, qui in ineffabili providentia beatum Ioseph sanctissimæ Genetricis tuæ Sponsum eligere dignatus es: præsta, quæsumus; ut quem protectorem veneramus in terris, intercessorem habere mereamur in caelis: Qui vivis et regnas in sæcula sæculorum. **Amen.**

LITANY OF ST. JOSEPH

Lord, have mercy. **Lord, have mercy.**

Christ, have mercy. **Christ, have mercy.**

Lord, have mercy. **Lord, have mercy.**

Jesus, hear us.

Jesus, graciously hear us.

God, the Father of Heaven, **Have mercy on us.**

God, the Son, Redeemer of the world, **Have mercy on us.**

God, the Holy Spirit, **Have mercy on us.**

Holy Trinity, One God, **Have mercy on us**

Holy Mary, **pray for us.**

St. Joseph,

Renowned offspring of David,

Light of Patriarchs,

Spouse of the Mother of God,

Chaste guardian of the Virgin,

Foster father of the Son of God,

Diligent protector of Christ,

Head of the Holy Family,

Joseph most just,

Joseph most chaste,

Joseph most prudent,

Joseph most strong,

Joseph most obedient,

Joseph most faithful,

Mirror of patience,

Lover of poverty,

Model of artisans,

Glory of home life,

Guardian of virgins,

Pillar of families,

Solace of the wretched,

Hope of the sick,

Patron of the dying,

Terror of demons,

Protector of Holy Church,

Lamb of God, who take away the sins of the world,

spare us, O Lord.

Lamb of God, who take away the sins of the world,

graciously hear us, O Lord.

Lamb of God, who take away the sins of the world,

have mercy on us.

He made him the lord of his household.

And prince over all his possessions.

Let us pray, --- O God, in your ineffable providence you were pleased to choose Blessed Joseph to be the spouse of your most holy Mother; grant, we beg you, that we may be worthy to have him for our intercessor in heaven whom on earth we venerate as our Protector: You who live and reign forever and ever. **Amen.**

ADORATION PRAYERS

Dear Jesus,
We believe that you are here,
truly present in the Blessed Sacrament:
that you see us, that you hear us.
We adore you with profound reverence.
We beg pardon for our sins and
the grace to make this time of prayer fruitful. Our
Immaculate Mother, St. Joseph our patron, our guardian
angels, our patron saints
intercede for us
during this time of prayer and adoration.
We ask this through Christ, Our Lord. Amen.

**O Sacrament most holy, O Sacrament divine, all praise and
all thanksgiving be every moment Thine! (3x)**

PRAYER INTENTIONS

Lord, have mercy. **Lord have mercy.**
Christ, have mercy. **Christ have mercy.**
Lord, have mercy. **Lord have mercy.**

Our Father *(which is said only by the Hebdo in audible voice, up to)*

V. And lead us not into temptation
R. **But deliver us from evil.**

V. I said, Lord, have mercy on me
R. **Heal my soul, because I have sinned in your sight**

V. Turn toward us, O Lord, how long must we wait?
R. **And be propitious towards your servants**

V. Let your mercy, O Lord, be upon us
R. **For we have placed our hope in you**

V. May your priests be robed in justice
R. **And may your saints leap for joy**

Let us pray for our blessed Pope N.
May the Lord preserve him, and give him life,
And make him blessed on earth,
And not hand him over into the grasp of his enemies

Let us pray for our Bishop N.
May he stand and feed his flock with your power, Lord, in the
sublime majesty of your name

V. O Lord, save the president
R. **And hear us on the day that we call upon you**

V. Save your people, O Lord, and bless your inheritance
R. **And govern them and extol them forever**

V. Remember your congregation
R. **That you have possessed from the beginning**

V. May peace flourish under your power
R. **And plenty within your walls**

V. Let us pray for our benefactors:
R. **Graciously grant, O Lord, eternal life to all of us who are
doing good for the sake of your name**

V. Let us pray for the faithful departed:
R. **Give them eternal rest, O Lord, and let perpetual light
shine upon them**

V. May they rest in peace.
R. **Amen.**

V. Let us pray for our absent brothers:
R. **Save your servants, my God, who have placed their hope in you**

V. Let us pray for the afflicted and the captive:
R. **Deliver them, O God of Israel, from all of their tribulations**

V. Send them, O Lord, help from your holy mountain
R. **And from Zion be their safeguard**

V. O Lord, God of power, convert us
R. **And show your face and we shall be saved**

V. Rise up, O Christ, and help us
R. **And deliver us for the sake of your name**

V. O Lord, listen to my prayer
R. **And let my cry come unto you**

Salve, Pater, Salvatoris

With gusto!

Thomas F. Savoy, b. 1955

Sal - ve Pa - ter, Sal - va - to - ris, Sal - ve, cus - tos Re - demp - to - ris, O Jo - seph a -

ma - bi - lis, Sal - ve, Sal - ve! Sal - ve, Pa - ter Je - su me - i, Spon - se Ge - ni -

tri - cis De - i, Quem de - co - rat pu - ri - tas, Sal - ve, Sal - ve.



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